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**LINDORA AND RITE AID CELEBRATE GRAND OPENINGS OF LINDORA HEALTH CLINICS WITH FREE/LOW-COST HEALTH TESTS, GUEST APPEARANCES & GIVEAWAYS (Life-Saving Screenings, Special Presentations Among Offerings April 24-26)**

Is your very life at risk? Do you have a hidden health problem that could impact the quality of your life? A number of life-saving health screenings will be offered as part of the grand opening festivities for several new Lindora Health Clinics situated inside select Southern California Rite Aid stores from Thursday, April 24 through Saturday, April 26. In addition, best-selling author Cynthia Stamper Graff, president of Lindora, will be on hand to sign copies of “Lean for Life,” a book that focuses on strategies for weight loss and achieving a healthy lifestyle. Also, Lindora Founder Marshall B. Stamper, M.D. will share his “6 Essentials for Lifetime Weight Control” and diet superstar Traci Smith, who lost 325 pounds on the program, will describe her odyssey and how she has maintained her loss for five years.

Among the free services offered will be a body fat analysis; blood pressure checks; Lindora’s Lifestyle Assessment (complete with a review of your results with a Lindora expert); samplings from Lindora’s popular line of protein-rich shakes, bars, snack foods and drinks; discount coupons to El Pollo Loco, which offers Lean For Life Certified menu items; an on-site cholesterol test for \$10; 20 percent off of medical services including a sports/camp physical; and 50 percent off of special lab tests and blood screenings including the VAP Test, which The Wall Street Journal cites as “one of five tests worth paying for...it can save your life.”

Among the new Lindora Health Clinics celebrating grand openings inside Rite Aid stores: El Segundo (East Grand and Standard), Santa Monica (Wilshire and 14<sup>th</sup>), Del Mar (Del Mar Heights and El Camino Real) and Encinitas (Santa Fe and I-5). Also taking part in the festivities are five existing in-store clinics: Costa Mesa (17<sup>th</sup> St. and Orange), Newport Beach (San Miguel and San Joaquin), Los Angeles (Sunset and Fairfax), Laguna Niguel (Crown Valley and Alicia) and Tustin (Jamboree and Irvine).

For a complete listing of scheduled activities at each of the nine locations, visit [www.lindorahealthclinic.com](http://www.lindorahealthclinic.com) or call (800) LINDORA.

Lindora Health Clinics are staffed by a host of medical providers including physicians, nurse practitioners and physician's assistants who offer intensive supervised weight control programs as well as treat a variety of non-emergency acute care conditions. Basic services include diagnosis and treatment of common illnesses such as ear infections, strep throat, flu symptoms, sinus infections, poison ivy and rashes; commonly used prescriptions will be written to treat these illnesses. In addition, diagnostic screenings are available for diabetes, blood pressure, cholesterol, tuberculosis and urinary infections as well as for cardio metabolic risk factors and determining one's body mass index. Vaccinations for flu, hepatitis, meningitis, pneumonia and chickenpox are available and physical and sports exams are offered. In addition, medically supervised weight management programs are offered to those looking to start or restart a weight loss program. All of the weight management programs are based on Lindora's long-established medically supervised program combining diet, moderate exercise and motivational support to help patients become Lean for Life®. Lindora Health Clinics are open on Monday through Friday from 9 a.m. to 7 p.m. and Saturday from 9 a.m. to 2 p.m. with no appointment necessary (hours may vary).

Rite Aid Corporation is one of the nation's leading drugstore chains with more than 5,000 stores in 31 states and the District of Columbia with fiscal 2008 annual revenues of more than \$24.3 billion. Information about Rite Aid, including corporate background and press releases, is available through the company's website at [www.riteaid.com](http://www.riteaid.com).

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